



[Details of workshops \(content & leaders\), keynote speaker, musician](#)

Workshop a) Peace in everyday life (non-violent communication)

Angela Gohl

Certified trainer for non-violent communication (CNVC), visual artist, nursing specialist HF (child and adolescent psychiatry)

Non-violent communication is simple, but not easy. (Marshall B. Rosenberg)

«The method of non-violent communication (NVC for short) is actually very simple. There are only 4 steps to learn. In everyday life, however, we realize how unfamiliar and therefore difficult it is to apply. In this short workshop, I will introduce the four-step model and demonstrate it in practice. People often experience an “aha effect”, as I did in 2007 with Marshall Rosenberg, the founder of NVC. The communication was so different for me that I wanted to learn it.

By practicing the four steps, you realize that NVC is not just a communication method, but rather a process that raises awareness. Nonviolent communication invites us to show that we are authentic and thus take better care of ourselves and connect with the other person.

I hope that in this workshop I will be able to spread a spark of what non-violent communication is all about. By applying it, we can contribute to peace within ourselves and with our counterparts. Let me surprise you!”

“The inspiration behind my work is to help people connect with themselves and with others.”

Workshop b) Inter-religious peace efforts

Alexandra Flury-Schölch

Pastor, adult educator, head of studies at Mission 21. Her courses and events aim to build and strengthen international learning communities. This includes promoting transcultural **dialogue**, mutual understanding, tolerance and cooperation with other religions. She also attaches great importance to coming to terms with colonial history and its consequences to this day, as well as the key topics of gender justice, peacebuilding and development cooperation.

Religions can fuel violence in conflicts, but they can also promote peace. What role do religions play in armed conflicts? What problematic or particularly positive role can they play in promoting peace and overcoming trauma?

At Mission 21, peacebuilding is an area of activity of the programs in partner countries, but also in educational work, where, for example, decolonization, food sovereignty, racism, hate speech on the internet or transcultural communication are topics in their significance for peace work. Practical examples will be presented and discussed in the workshop.

“The peace work of our partners in their contexts in crisis areas is impressive. I can learn a lot from them, and I want to pass that on.”

Workshop c) Environmental issues from a gender perspective

Jeannette Behringer

PhD in political science and ethics, active in transdisciplinary research on sustainable development. Member of the Voluntary Research Commission of the Swiss Society for the Common Good (SGG) and on the board of FachFrauen Umwelt (FFU), topic mentor for democracy and cohesion at the Federal Network for Civic Engagement (BBE).

Doctoral thesis on the research project Climate and Environment in Alpine Regions (CLEAR) at ETH Zurich. Head of various departments "Society and Ethics", discourses on political ethics, business ethics and current social issues. Since 2020 responsible for sustainable development in research and teaching at the University of Zurich. In 2020 she founded the Forum Democracy & Ethics.

Against the backdrop of the prevailing non-sustainability, we use examples to discuss the connections between gender equality and sustainable development and analyze the complex relationships between gender, economic and natural relations. In a second step, our own private and public living conditions provide examples of the (de)construction of gender relations. Together, we consider what options for action arise from this.

"It is important to me to enter into discussions with various people and organizations about how we can master the challenges of the present and the future together and democratically, including at a European level. I am committed to the vision of a society based on equality, freedom and justice – without hiding the associated conflicting goals behind a rug."

Workshop d) Men, religion and peace

Hansuli Gerber

Mennonite pastor, secretary of the Swiss branch of the International Fellowship of Reconciliation (IFOR-MIR) before retiring. Until the end of 2009, coordinator of the Decade to Overcome Violence at the World Council of Churches in Geneva. Previously European Director of the Mennonite Central Committee (MCC) for ten years. Member of the KOFF Advisory Board for several years until 2023.

Calls for rearmament and thus militarization, as well as the demand for a switch to a war economy and war diplomacy in Europe, are growing louder. Militarization and war are male domains. What do developments in Afghanistan and elsewhere show us? What do we learn about the expectations and roles of men and women*? How do religious and traditional cultural ideologies play into this? What potential is there for overcoming fatal ideologies and for resistance? Is there an antidote to militarism and how do we use it with regard to the dynamics in Europe?

If you choose this workshop, it is recommended that you watch the movie 'Power on Patrol' beforehand: <https://www.youtube.com/watch?v=LleiOTrXZ70>

"Conflict must be rehabilitated and violence can be prevented. This requires creativity and perseverance."

[Key note presentation: Historical dis- / continuities in the Swiss peace movement](#)

Annemarie Sancar

PhD in social anthropology, WILPF Switzerland, WIDE Europe and member of the Women and Gender Realities working group of the Civil Solidarity Platform advising the OSCE. Until the end of October 2023, network coordinator at PeaceWomen Across the Globe with a focus on Ukraine. 2015-2017 at KOFF/Swisspeace responsible for the implementation of the UN Women, Peace and Security Strategy (WPS and 1325), at the Swiss Agency for Development and Cooperation SDC as gender focal point and at cfd (now FRIEDA - The Feminist Peace Organization) for peace and migration policy. She was a member of the parliament of the city of Berne for the Green Alliance for eight years.

"We shed light on peacebuilding from a feminist and grassroots perspective, this is the only way to track down injustices and sources of violence, the only way to find ways to a gender-equitable society!"

Music

Olga Tucek

Trained as a classical singer, Olga Tucek has been raging on stage for 27 years. Several hearts beat in her chest: musician, poet, wanderer, activist, spinner. Once a Balkan and theater musician, cabaret artist and satirist, she now works as a songwriter and, above all, as a stage activist and "subsistence culturist". The accordion is her orchestra, dialog partner, atmospheric magic box and second lung. As the satirical duo "Knuth und Tucek" (with actress Nicole Knuth), she has received several awards (Salzburger Stier 2011, Cornichon Cabaret Prize 2013, German Cabaret Prize, Chanson category 2014, Swiss Cabaret Prize 2019). Since 2019, Tucek has also been organizing the subversive monthly song series "Tuceks Töne" and the new feminist "Frauenlieder - und leben".

*"Farewell you marches, farewell you flags, farewell you borders, fences, walls,
Farewell you hymns, farewell nations, we want to inhabit mother earth instead of fatherlands."*

Registration until May 4, 2024:

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